Today cancer has become one of the most common sickness that many of us are exposed to. Many a time this is because of Life Style, External Environment and hereditary factors.

While taking conventional treatment or alternative treatment, one should watch their diet without fail to get better benefits out of their treatment towards the route to remission. Here the suggestion is to consume food that starves cancer cells while providing nutrition to normal cells. This basically means preventing it from developing to blood vessel stage and multiplying faster thereafter before becoming lethal.

Another area of monitoring will be internal body environment. Most often people who suffer from cancer are caught in Highly Acidic Environment, Non Oxygenated Environment and Inflammatory (Heat) Environment. If this can be reversed, our immune system can start its functionality as normal. For this we should watch our diet, cooking method, breathing exercise, regular exercises and supplements to assist along with the treatments one is undergoing.

Our discussion today will be more about life style that is very much associated with diet and breathing exercise to maintain a balance in our internal.

CANSURVIVE & IT’S PURPOSE

Cansurvive is a support and information service for those who are challenged with cancer. Not just information and support, but a service that offers a greater awareness of the benefits of holistic, non-invasive cancer therapies, nutrition and diet, as well as orthodox treatments; what is available and where to access them. It is a window of light into the world of healing, where the word “Terminal” is a challenge, not a death sentence.